









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>9:30- Today in History 10:15- Move-it Monday 11:00- New Years Resolutions 2:00- Bowl Games 3:00- Refreshments/Snacks 4:00- Bingo</p>	<p>9:30- Today in History 10:15- Move-it Monday 11:00- Hand Massages 2:00- Cooking Corner: Grilled PB & Banana Sandwiches 3:00- Bubble Blowing Fun 4:00- Ipads/Relaxation</p> 	<p>9:30- Today in History 10:15- Coffee & Chit Chat 11:00- Nail Salon 2:00- Name That Face 3:00- Afternoon Movie</p>	<p>9:30- Today in History 10:15- Stretch & Move 11:00- Hand Massages 2:00- Devotions w/ Peter 3:00- Gables Cinema Presents: "The Apartment"</p> 	<p>9:30- Today in History 10:15- Name that Tune 11:00- Trivia Time 2:00- Pet Therapy w/ Providence 3:00- Room Visits 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Flex-it Friday 11:00- Coffee & Cookies 2:00- Bird seed Craft 3:00- Whip Cream Tasting 3:30- Pie Face Game Fun</p>	<p>9:30- Today in History 10:15- Coffee & Chit Chat 11:00- Trivia Time 2:00- Margaret's Marvels 3:00- Nail Care 4:00- Afternoon Movie</p>	
<p>9:30- Today in History 10:15- Coffee & Chit Chat 11:00- Upper Body Exercise 1:30- Worship Service w/ Cornerstone Baptist 3:00- Name That Tune 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Move-it Monday 11:00- Hand Massages 2:00- Cooking Corner: Grilled PB & Banana Sandwiches 3:00- Bubble Blowing Fun 4:00- Ipads/Relaxation</p>	<p>9:30- Today in History 10:15- Spelling Bee Challenge 11:00- "Spellbound" Movie 2:00- Soup Taste Testing 3:00- Bingo 4:00- Old Time Tv Shows</p>	<p>9:30- Today in History 10:15- Stretch & Move 10:30- Live Music w/ Benny Gandy 2:00- Devotions w/ Peter 3:00- Gables Cinema Presents: "North By Northwest"</p> 	<p>9:30- Today in History 10:15- Hot Toddy Drinks 11:00- Snowflake Craft 2:00- Live Music w/ Rocky Ford Band 4:00- Old Time TV Shows</p> 	<p>9:30- Today in History 10:15- Flex-it Friday 11:00- Korean/American Day History 2:00- Cooking Corner: Lettuce Wraps 3:00- Vision Board Activity 4:00- Ipads/Relaxation</p>	<p>9:30- Today in History 10:15- Coffee & Chat 11:00- Trivia Time 2:00- Sensory Stim 3:00- Nail Care 4:00- Afternoon Movie</p>	
<p>9:30- Today in History 10:15- Coffee & Chit Chat 11:00- 1:30- Worship Service w/ Cornerstone Baptist 3:00- Indoor Strolls 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Move-it Monday 11:00- I Have A Dream Speech 2:00- Homemade Strawberry Ice Cream Social 3:00- Ipads/ Relaxation</p> 	<p>9:30- Today in History 10:15- Hand Massages 11:00- Nail Salon 2:00- Margaret's Marvels 3:00- Reminisce Group 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Stretch & Move 10:30- Live Music w/ Dana Bergman 2:00- Devotions w/ Peter 3:00- Gables Cinema Presents: "Hello Dolly"</p> 	<p>9:30- Today in History 10:15- Meet your Neighbor 11:00- "Opposites" Word Game 2:00- Name That Face 3:00- Name That Tune 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Flex-it Friday 11:00- Happy Birthday Dolly Parton!! 2:00- Cooking Corner: Banana Pudding 4:00- Andy Griffith Show</p>	<p>9:30- Today in History 10:30- Morning Movie 2:00- Afternoon TV 3:00- Nail Care 4:00- Afternoon Movie</p>	
<p>9:30- Today in History 10:15- Coffee & Chit Chat 11:00- Whiteboard Word Games 1:30- Worship Service w/ Cornerstone Baptist 3:00- Bingo 4:00- Old Time TV Shows</p> <p>Activity Professionals Week</p>	<p>9:30- Today in History 10:15- Move-it Monday 11:00- Motivational Songs 2:00- Heart Suncatcher Craft 3:00- Afternoon Social 4:00- Ipads & Relaxation</p>	<p>9:30- Today in History 10:15- Hand Massages 11:00- Trivia Time 2:00- Crafternoon! 3:00- Compliment Treat Bags 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Stretch & Move 11:00- Nail Salon 2:00- Devotions w/ Peter 3:00- Gables Cinema Presents: "His Girl Friday"</p> 	<p>9:30- Today in History 10:15- Cooking Corner: PB Dog Treats 2:00- Pet Therapy w/ Monika From Agape Hospice 3:00- Let's Fold Laundry! 4:00- Ipads & Relaxation</p>	<p>9:30- Today in History 10:15- Flex-it Friday 11:00- Gametime Fun 2:00- Crockpot Peach Cobbler & Ice Cream 3:00- Afternoon Social Time 4:00- Old Time TV Shows</p> 	<p>9:30- Baking with Joanie 10:15- Morning Social 11:00- Alphabet Soup 2:00- Massages 3:00- Room Visits 4:00- Afternoon Movie</p>	
<p>9:30- Today in History 10:15- Coffee & Chit Chat 11:00- Room Visits 1:30- Worship Service w/ Cornerstone Baptist 3:00- Indoor Strolls 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Move-it Monday 11:00- Hand Massages 2:00- Name That Tune 3:00- Room Visits 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Trivia Tuesday 11:00- Nail Salon 2:00- Tea Time w/ Croissants 3:00- Bowling 4:00- Old Time TV Shows</p>	<p>9:30- Today in History 10:15- Let's Enjoy A Ice Cold Coca-Cola! 11:00- Resident Council 2:00- Devotions w/ Peter 3:00- Gables Cinema Presents: "Bringing Up Baby"</p> 	<h1>January 2024</h1> <h2>Skilled Nursing</h2>			

The Gables on Pelham - 1306 Pelham Rd. - Greenville, SC 29615