

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



10:00 - Brian and Body  
Aerobics  
11:00 - Morning Movie  
2:00 - New Years Resolutions  
3:15 - Penguin Plunge  
Documentary  
New Year's Day

10:00 - Brain and Body  
Aerobics  
10:45 - Morning Movies  
1:30 - Worship Service with  
Cornerstone Baptist Church  
3:00 - In Room Family  
Visitations

10:30 - Morning Massages &  
iPads  
11:00 - Nail Care  
2:00 - Keep Watch Day  
3:00 - DIY Upcycled Watches

10:30 - Devotion  
11:00 - Weight Time  
2:00 - Happy Birthday Sir  
Issacs Newton  
3:00 - Gravity Experiments

10:30 - Coffee Around The  
World  
11:00 - Whooper of a Day  
2:00 - National Bird Day  
3:00 - Bird Craft

10:30 - Balloon Volley Ball  
11:00 - Happy Birthday New  
Mexico  
2:00 - Charlie Brown Day  
3:00 - Charlie Brown Inspired  
Sugar Cookies

10:30 - Live Music with  
**Richard the Piano Man**  
11:00 - Cookbook Day of  
Reminisce  
2:00 - Galileo Day of  
Discovery  
3:00 - Galileo Craft

10:00 - Brain and Body  
Aerobics  
11:00 - Morning Movie  
2:00 - Elvis Lives Day  
3:00 - Elvis Movie

10:00 - Brain and Body  
Aerobics  
10:45 - Morning Movies  
1:30 - Worship Service with  
Cornerstone Baptist Church  
3:00 - In Room Family  
Visitations

10:30 - Morning Massages &  
iPads  
11:00 - Nailcare  
2:00 - House Plant  
Appreciation Day  
3:00 - Upcycled Zip Tie Vase

10:30 - Tone It Up Tuesday  
11:00 - Let It Snow Day  
2:00 - Snowflake Stick Craft  
3:00 - Snow Flake Social

10:30 - Crazy Legs Exercise  
11:00 - National Hot Tea Day  
2:00 - Superhero Movie  
3:00 - Superhero Craft

10:30 - Devotion  
11:00 - Pet Therapy  
2:00 - Naked Wood Painting  
3:00 - DIY Decorative Wood  
Stickers

10:30 - Weight A Minute  
11:00 - Circle A Story Day  
2:00 - International Kite Day  
3:00 - Lets Test Our Kite  
Flying

10:00 - Brain and Body  
Aerobics  
11:00 - Morning Movie  
2:00 - Strawberry Ice Cream  
Day  
3:00 - Afternoon Movie

10:00 - Brain and Body  
Aerobics  
10:45 - Morning Movies  
1:30 - Worship Service with  
Cornerstone Baptist Church  
3:00 - In Room Family  
Visitations

10:30 - Morning Massages &  
iPads  
11:00 - Nailcare  
2:00 - MLK Day  
3:00 - Dove of Peace Craft  
  
Martin Luther King Jr. Day

10:30 - Chair Yoga  
11:00 - Arm Chair Travelers  
to Paris  
2:00 - Live Music with  
**Jenn & Bob (AL)**  
3:30 Jazz Inspired Cocktails

10:30 - Live Music with  
**Dana Bergman**  
2:00 - Harry Potter Movie  
3:00 - Harry Potter Themed  
Refreshment Potions

10:30 - NBA All star Exercise  
11:00 - Lets Play Basketball  
2:00 - Love Your Pet Day  
3:00 - Funny Pet  
Compilations

10:30 - Sittersize  
11:00 - Guess the President  
on Money  
2:00 - Rustic Pennie Frame  
Craft  
3:00 - Chocolate Coin game

10:00 - Brain and Body  
Aerobics  
11:00 - Morning Movie  
2:00 - Giant Puzzle Day  
3:00 - In Room Family  
Visitation

10:00 - Brain and Body  
Aerobics  
10:45 - Morning Movies  
1:30 - Worship Service with  
Cornerstone Baptist Church  
3:00 - In Room Family  
Visitations  
Activity Professionals Week

10:00 - Morning Massages &  
iPads  
11:00 - Nailcare  
2:00 - Marshmallow Monday  
3:00 - Lets Make Smores

10:30 - Lets Get Physical  
11:00 - 101 Dalmatians Day  
2:00 - Old Time TV Shows  
3:00 - Dalmatians Craft

10:30 - Devotion  
11:00 - Kindness Day  
2:00 - 101 Dalmatians Movie  
3:00 - Shredded T-Shirt Craft  
  
Australia Day (observed)

10:30 - Crazy Legs Exercise  
11:00 - Strange Socks Day &  
Resident Council  
2:00 - Mozart's Birthday  
3:00 - Canvas Painting

10:30 - Outdoor Creation Day  
11:00 - Pine Cone Penguin  
Craft  
2:00 - Create a Cactus  
3:00 - Rock Paper Weights

10:00 - Brain and Body  
Aerobics  
11:00 - Morning Movie  
2:00 - Balloon Volley Ball  
3:00 - In Room Visitations

10:00 - Brain and Body  
Aerobics  
10:45 - Morning Movies  
1:30 - Worship Service with  
Cornerstone Baptist Church  
3:00 - In Room Family  
Visitations

10:00 - Morning Massages &  
iPads  
11:00 - Nailcare  
2:00 - Inspire Your Heart  
with Art Day  
3:00 - Pastries with love

