

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

September 2021

Skilled Nursing

10:30 Chair Yoga
11:00 How Did We Ever Live Without
2:00 No Rhyme or Reason Day
3:00 Fall House Party

10:30 Sittercise
11:00 Southern Hospitality Week
2:00 Rock and Roll Hall Of Fame
3:00 Fall Craft

10:30 Wear Your College Colors
11:00 Chair Yoga
2:00 National Doodle Day
3:00 Ice cream corner

10:00 News Carrier Day
10:45 Wildlife Day
2:00 Lets Get Physical
3:00 Extra Dessert Day

5
10:00 Body & Brain Aerobics
10:45 Morning Movie
1:30 Cornerstone Baptist Service
3:15 Room visits

6
10:30 Labor Day Party
11:00 Photo both
2:00 Fish Tank Day
3:00 Mayflower Day

Labor Day
Rosh Hashanah Begins

7
10:30 Don't Wear White Day
11:00 Peter Lawford Day
2:00 Grandma Moses
3:00 Craft

8
10:30 Nail Care
11:00 Sittercise
2:00 Star Track Day
55th anniversary
3:00 Pink Panther Day

9
10:30 Kick Off Football
11:00 Cornel Sanders Birthday
2:00 Movie Matinee
3:00 Yellow daisy Craft

10
10:30 Chair Yoga
11:00 Fragrance Day
2:00 Eyes on you
3:00 Good News Day

11
10:00 News Current Events
11:00 Sittercise
2:00 Taste of Honey Day
3:00 Slogan Day

12
10:00 Body & Brain Aerobics
10:45 Morning Movie
1:30 Cornerstone Baptist Service
3:15 Room Visits

Grandparents Day

13
10:30 Line dance Exercise
11:00 Women in Politics
2:00 Nail Care
3:00 Milton Hershey's B-Day

14
10:30 T.V. Debut Day
11:00 Inspirational Day
2:00 Be Creative Craft
3:00 Tootsie Day

15
10:30 Chair Yoga
11:00 Nail Care
2:00 Doughnut Dots Day
3:00 Georgia Peach Day

Yom Kippur Begins

16
10:30 Morning Massage
11:00 Conversation Ball
2:00 Movie Matinee
3:00 Ice Cream Corner

17
10:30 Stretch & Flex
11:00 Love Your State Day
2:00 Painting Craft
3:00 Charades

18
10:00 Red Panda Day
10:45US Air Force B-Day
2:00 Hugs And Greeting Cards Craft

Oktoberfest Begins

19
10:00 Body & Brain Aerobics
10:45 Morning Movie
1:30 Cornerstone Baptist Service
3:15 Room Visits

20
10:30 Morning Massages
11:00 Nail Care
2:00 Punch Day
3:00 Outdoor Strolls

Sukkot Begins

21
10:30 Sittercise
11:00 World Alzheimer Day
2:00 Dream catcher Craft
3:00 Sweet Tea and History

22
10:30 Autumn Season Begins
11:00 Centenarian Day
2:00 Lets Get Physical
3:00 Cone Day

Autumn Begins

23
10:30 Libra Day
11:00 Crazy About Cranberry Day
2:00 Movie Matinee
3:00 A Jazzy Day

24
10:30 Chair Yoga
11:00 Nail Care
2:00 Jim Henson Day
3:00 Happy Birthday 60 Minutes

25
10:00 Weight Fitness
11:00 One Hit Wonder Day
2:00 Lawrence Welks Show
3:00 Fresh Air

26
10:00 Body & Brain Aerobics
10:45 Morning Movie
1:30 Cornerstone Baptist Service
3:00 Room Visits

27
10:30 Morning Massages
11:00 Nail Care
2:00 Outdoor Strolls
3:00 Chocolate Milkshake Day

28
10:30 Yoga Day
11:00 Teachers Day Craft
2:00 Ed Sullivan Day
3:00 Snack Time

Simchat Torah Begins

29
10:30 National Women's Health & Fitness Day
11:00 Jerry Lee Lewis Day
2:00 Jewelry Time
3:00 Frisbee Day

30
10:30 Sittercise
11:00 Nail Care
2:00 Movie Matinee
3:00 Gum It Up Day
3:30 Craft

